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Flame

Edition 13 Tishrei

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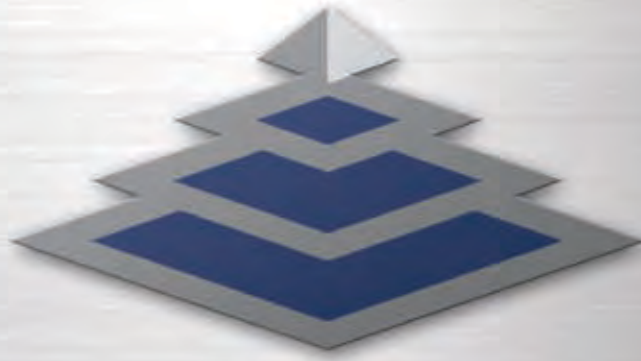
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Continuing to improve our service to our Jewish Community.





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From the Chairman....

Bournemouth has been blessed – as many other Jewish communities in the world – with the presence of Chabad Shluchim (emissaries). Like all Shluchim, they are always on the go, always initiating new projects to strengthen Torah knowledge and observance, and always finding new ways to reach the souls of our people.

Many wonder, have they been successful? After all, does anyone in Bournemouth now wear a black hat and a long beard?!

My answer to that is, it depends how you measure success. Until Chabad arrived in town twenty one years ago, who would have ever imagined a public Tashlich ceremony at Rosh Hashanah (the act of casting off sins from the previous year) at the pier? Now it's the annual practice of many Jews, both Chabad supporters and those otherwise inclined, with ceremonies taking place every year on both piers and at certain points in between.

Lighting the Menorah was a well kept tradition, but only in one's own home or in Shul. Chabad introduced the biggest of all menorahs and set it up in the most public arena, right in the heart of the town centre. Now a kindling even takes place in the Mayor's parlour. Every Pesach since Chabad has arrived in town, they have conducted communal sederim. It didn't take too long before these were also adopted as an annual event.

There has always been Lag B'Omer, but barbecues were something only the Australians enjoyed, until Chabad lit the charcoal for the first time. We know all kids love Ice Cream, but they had never enjoyed it in shul, well not before Chabad introduced their famous Shavuot Ice Cream parties. In addition, Chabad brought to the town Succot and Purim parties and a "breakfast" following Yom Kippur, all of which have now been replicated throughout the community.

These are only some of Chabad activities introduced over the years, but it doesn't end there. Last year, we were the first to open an on-site deli in the town, providing kosher food after an absence of some two years!

Finally (well, for the time being at least) we launch our new look Flame and we hope you will enjoy it as much as previous editions.

So, is Chabad a success? Just take a look and see for yourselves. Chabad leads the way! We are proud of our record to date, but as the Rebbe taught us, we will never be satisfied and are now working on a brand new project for 5771 for which PG there will be news in the coming months.

I wish you and your families, together with the entire Bournemouth Jewish Community, a very Happy, Healthy and Safe New Year.



Andrew Kaye, Chairman

Flame is published by
Chabad of Bournemouth.

If you would like to contribute any articles, stories, photos or anything of interest, please contact us at:

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The Neurology of Time

Based on the teachings of the Lubavitcher Rebbe,
Rabbi M. Schneerson, of Righteous Memory.

"It's all in the head," is a fairly accurate description of every man's reality. If you stub your toe, the event has significance to you only because it has been detected by your brain; if you cry out in pain, it is only because your brain has so chosen to so react to the experience. Everything you sense, know and feel relates to the universe between your ears; any action you take is first conceived, considered and executed inside the head. And whatever occurs within the head has a profound effect upon the external person: an injury to the brain, G-d forbid, or the alteration of its chemical constitution, will affect the function and behavior of the body, even if there is no discernible change in the external organ or limb. Neurologists have even learned to evoke certain external responses, or improve the function of a certain faculty, by stimulating the corresponding area of the brain.

What is true of the human being is also true of another of G-d's creations: time. Time, too, has a body and a brain, a persona and a mind.

We are accustomed to regarding time as a string of segments: second follows second, hour follows hour, Monday follows Sunday. Special days--Shabbat, Rosh Hashanah, Passover - each have their place in the sequence of days and months portrayed by our calendar, preceded and followed by the "ordinary" days that separate them. This, however, is a most perfunctory perception of time, just as a description of the human body in purely physical terms--hair, skin, bone, blood, flesh, sinew and brain tissue classified solely by their spatial juxtaposition to each other--is a most superficial vision of man.

Time is a complex organism whose various organs and faculties interact with each other, each fulfilling its individual function and imparting its effect upon the whole. G-d created the whole of time - every age, millennium, century, year and second of it - as a single, multifaceted body. It is only that we, finite and temporal creatures that we are, encounter its "limbs", "organs" and "cells" one at a time, regarding the past as passed because we have passed through it, and the future as yet to be because we have yet to experience it.



Just as time, as a whole, constitutes an integral organism, so it is with the various time-bodies--the day, the week, the month, the year, etc.--designed by the Creator of time as distinct components of the universal time-body. Each of these has its own "head", a neurological center which generates, processes and controls the stimuli and experiences of its "body".

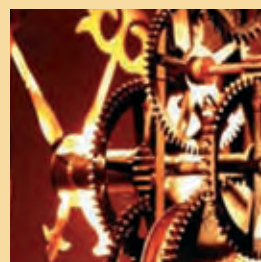
So if we learn to be sensitive to the structure of time, we can transcend the "sequential" timeline of our lives. If, upon entering the "head" of a particular time-body, we imbue it with a certain quality and stimulate its potential in a certain way, we can profoundly affect the days and experiences of that entire time-body, whether they lie in our "future" or our "past".

The two days of Rosh Hashanah, the "Head of the Year", are forty-eight hours that embody an entire year.

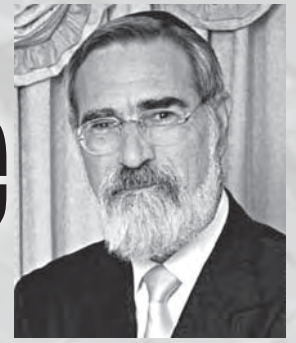
On Rosh Hashanah we recommit ourselves to our mission in life, reiterating Adam's crowning of G-d as king of the universe - a commitment that becomes the foundation for our service of G-d throughout the year. Rosh Hashanah also commences the "Ten Days of Teshuvah" which culminate in Yom Kippur, days for soul-searching and undertaking new initiatives; resolutions made on these "neurological" days of the year are far more effective - having stimulated the brain, the body readily follows suit. On Rosh Hashanah, we also pray for life, health and sustenance for the year to come; for this, the head of the year, is the day on which the deeds of man are weighed and his sustenance for the year allotted by the supernal Judge and Provider.

On Rosh Hashanah it is inscribed, and on Yom Kippur it is sealed: how many shall pass on, and how many shall be born; who shall live, and who shall die...who shall rest, and who shall wander...who shall be impoverished, and who shall be enriched; who shall fall and who shall rise...

From the Musaf prayer for Rosh Hashanah



The Chabad approach to life



By the Chief Rabbi of The United Hebrew Congregations of the Commonwealth, Lord Jonathan Sacks

In one lifetime, the Rebbe's influence was felt throughout the entire Jewish world. Wherever Jews are: in Hawaii, in Hong Kong, in Alaska or Australia, there you will find a Chabad Lubavitch Rabbi, a direct personal emissary of the Lubavitcher Rebbe, Rabbi Menachem Mendel Schneerson, of righteous memory. There you will see him and his wife reaching out to Jews and rekindling the flame of Jewish life.

Lubavitch went and still goes everywhere. Above all, Lubavitch went before anyone else - and at a time when it was fraught with immense danger - to the former Soviet Union. The USSR was surely one of the greatest systematic attempts in all of human history to extinguish the "Ner Tamid" - the continuous flame of our faith. And Lubavitch reached out to the Jews of silence to keep the spirit of Jewish Judaism alive... and succeeded in doing so!

It was risky, it was almost impossible, and because it was almost impossible, Lubavitch did it.

Chabad recognized, under the Rebbe, no boundaries.

It was risky, it was almost impossible, and because it was almost impossible, Lubavitch did it. I remember the one occasion that I spent Rosh Hashanah together with the Rebbe in 770 Eastern Parkway, Lubavitch World Headquarters in Brooklyn, NY. And still then they were talking about an event that happened some years before, I think 1956.

Each year the Lubavitcher Rebbe would lead thousands of Chassidim along Eastern Parkway to do Tashlich (the prayer done at the side of water to symbolize the throwing of the sins in to the water) on Rosh Hashanah at the Brooklyn Botanical Gardens.

That year there was a tremendous downpour, and so powerful was it, that there was no one else out on the streets.

When the Chassidim following the Rebbe arrived at the park, they found the gates of the gardens closed. What do you do? The garden is closed, it's locked, the gates are barred.

Completely undeterred, the Rebbe looked at the seven or eight foot metal fence and proceeded to climb over it. And if the Rebbe climbs over a fence and you're a Chassid, what can you do but follow?

That year in Lubavitch they recited the famous saying of the Rebbe Maharash, the fourth Chabad Rebbe: "If you meet an obstacle, and you can't go under then you go over. And I say that it is actually preferable to go over than to go under!"

And I often ask myself why? What drove the Lubavitcher Rebbe? Lubavitch recognizes no closed doors, no boundaries. Uforatzta - sprout out. It used and still uses every modern technology of communication, cable and satellite, Mivtzah campaigns and Mitzvah mobiles.

Lubavitch, before it was ever heard of in other circles, went to Jews that the other Jews forgot, to tiny isolated communities, to university campuses. Jews on drugs, to Jews in prison.

The Torah says, "If you are scattered at the ends of the heaven, from there the L-rd your G-d will gather you and from there will He bring you back."

And was there ever a religious leader in Israel who took that verse so to heart and so astonishingly became a partner with the Almighty Himself in bringing back from every corner of the Jewish world.

And I often ask myself why? What drove the Lubavitcher Rebbe? I don't know. And who will know.

One day we will tell our children's children that we were privileged to live in the same age as him.

We are approaching **Rosh Hashanah**

Rosh Hashanah can be summed up as follows:

The anniversary of the creation of man.

The day when all of creation passes before G-d to be judged.

The day when we proclaim G-d as King over Heaven and Earth.

The above three points, reminds us of the following three points mentioned in Avot 3:1:

Where we have come from,
Where we are going,
Before whom we need to give an accounting.

The combination of all these facets turns every Rosh Hashanah into a most, if not the most awesome occasion of the year. This has always been the case. All the more so now, due to the recession of massive proportions we experienced in the past few years, when even people with tremendous wealth have been deeply humbled and so many among the mighty have fallen, the awareness of our dependence on G-d has intensified much more than ever.

I am not celebrating, G-d forbid, the recession. I know that because of it many are still struggling; I know many lost their

Chanie joins me in wishing you all a very healthy and prosperous year.

Rabbi Yossie Alperowitz
Director,
Chabad of Bournemouth



jobs and can't even make ends meet. Yet we all know that the recession, with all of its difficulties, made each of us a little bit wealthier, if not in pounds, certainly in wisdom. It gave many of us clarity and helped us glean perspective on money, relationships, and G-d.

We all hope and pray that this year things will get far better. And there have already been many igns of improvement and recovery.

Yet it will be a great tragedy if post-recession business will be the same as pre-recession business.

Perhaps we ought to **"keep a piece of the recession with us"**, i.e. to remember that we are always in need of G-d's assistance. For this is the moment in history when we are empowered to teach ourselves and the world in a unique and perhaps unprecedented way, that money needs to be infused with soul, with goodness, with true meaning.

We want to be successful and that is great. We want to make it big - and that is great. We want to **"own the world"**, and that too is great, for G-d tells Adam and Eve, **"conquer the world."** But in order to achieve this, there's one condition: Your ambition and drive to make more and more ought to never be divorced from what it means to be human and the knowledge that we are Divine ambassadors on earth. It is **G-D** who commanded us to **"conquer the world."** So our reaching to the greatest heights must be combined with the humbling awareness that we don't own our lives, we don't own our money, we don't really own anything. In a single moment it can be all taken. We are trustees of G-d. He grants us blessings so that we can become His messengers to share these blessings with others. What we have, we do not own; rather, we hold it as G-d's **"bankers"**. One of the conditions of that trust is that we share what we possess with those in need. And when we help others, G-d will help us too.

On Rosh Hashanah we say **"avinu malkeinu . . . asie imanu tzadakah vachessed,"** (Our Father, our King, deal charitably and kindly with us). If we ask G-d to do it, we should also do it. G-d will then follow suit.



Teamwork at Chabadeli

By Jean Lurie

It's always a joy to walk through the doors of 20 Lansdowne Road, but all the more so when Chabadeli is open for business. As you approach, there is the wonderful aroma of freshly baked Challah, Chanie's speciality Cakes and Kugels, and the sound of melodic background music to enhance your enjoyment!

You are always warmly welcomed with the offer of complimentary Tea, Coffee & Cakes, and this makes for a relaxing oasis in your busy day. You can either stop then and chat with friends whilst you relax, or, if you prefer, you can do your shopping first and have those reviving refreshments afterwards. Either way - just enjoy!

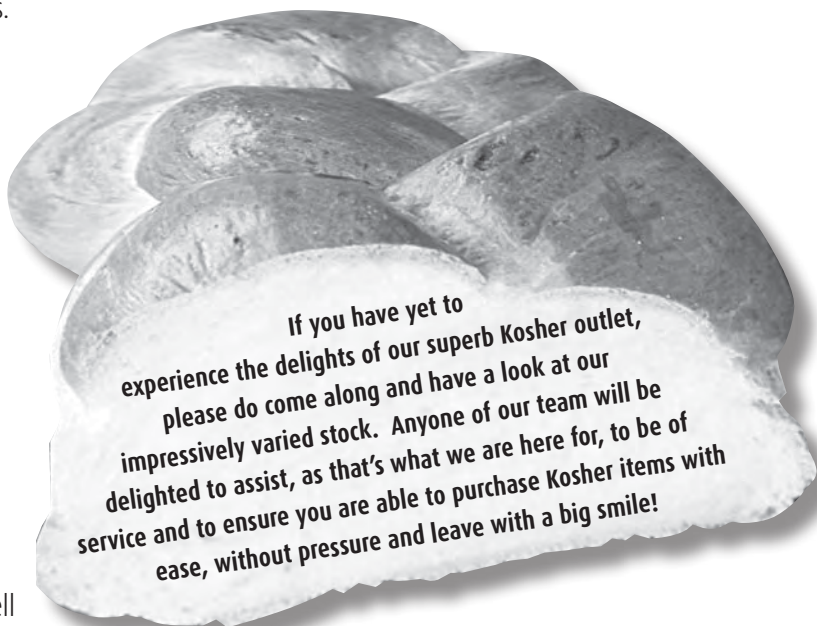
“We look forward to the opportunity of seeing our friends”

All our volunteers want to ensure your visit to Chabadeli is a pleasurable experience. We all enjoy working with Chanie and the other team members and we look forward to the opportunity of seeing our friends at Chabadeli where we always buck the trend by mixing business and pleasure. The packed freezers, fridges, and dry goods cabinets are always stocked with an amazing variety, and we have been told we are comparable to many of the London Delis.

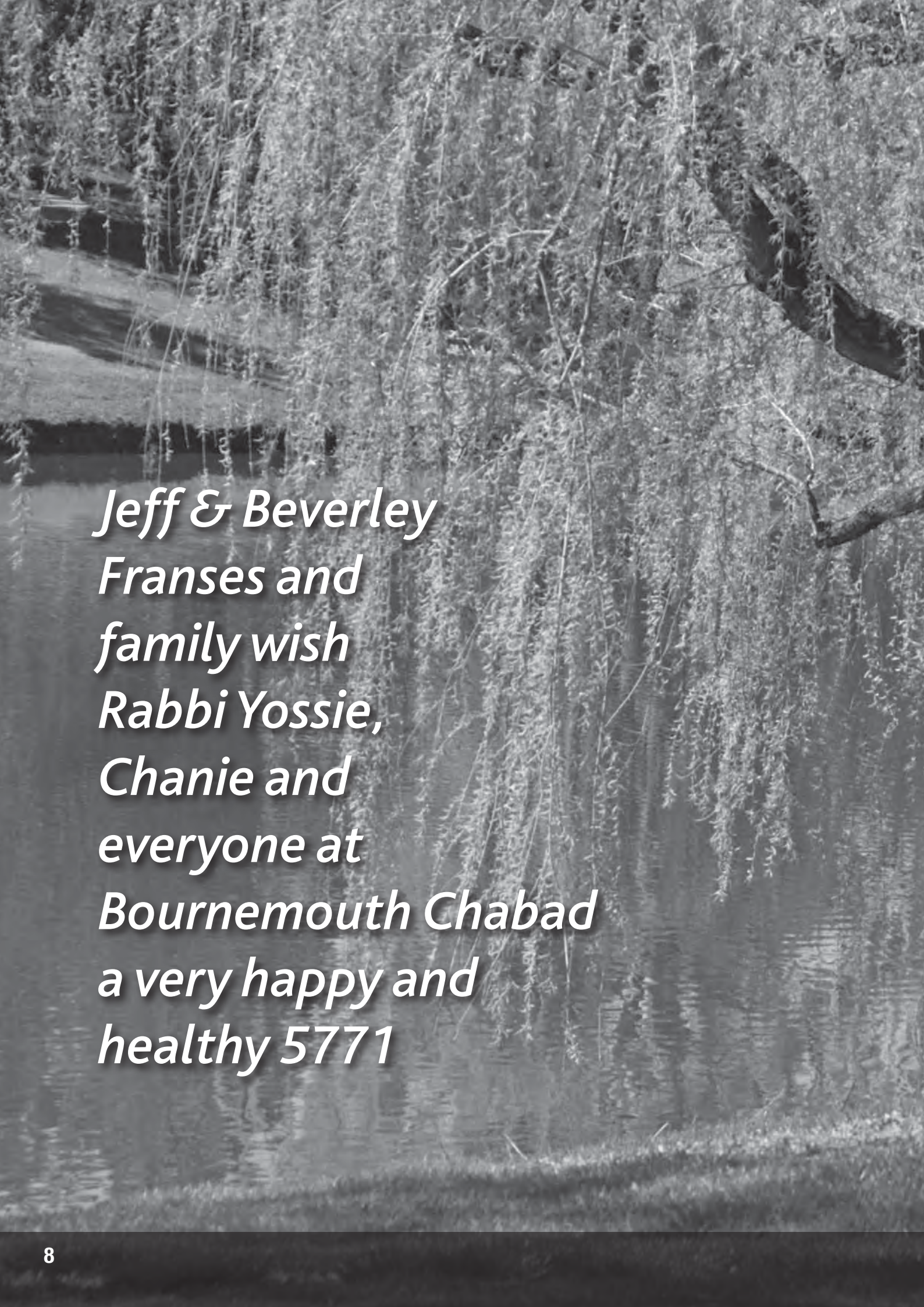
If you cannot find your particular favourite, you only have to tell Chanie and she will do her utmost to source and stock it for you.

Most diets are catered for, including Vegetarian, Diabetic - for which we have a range of sugar free items, plus fat free and low calorie goods for the slimmers! Naturally it goes without saying everything conforms to Kashrut requirements, and the meat and chicken is Kedassiah supervised.

During the extra busy times of the year, such as pre-Yom Tov or during the holiday season, it may be beneficial to place your order for Challahs, Gefillte Fish, Kugels, Schnitzels, etc., because one thing we try to avoid at all costs in Chabadeli is disappointment.



If you have yet to experience the delights of our superb Kosher outlet, please do come along and have a look at our impressively varied stock. Anyone of our team will be delighted to assist, as that's what we are here for, to be of service and to ensure you are able to purchase Kosher items with ease, without pressure and leave with a big smile!



*Jeff & Beverley
Franses and
family wish
Rabbi Yossie,
Chanie and
everyone at
Bournemouth Chabad
a very happy and
healthy 5771*

REFOCUSING REFOCUSING

Our Perception

By Professor Alan Dershowitz

About 20 years ago, I had the chutzpah - in the worst sense of the word - to write an arrogant letter to the Lubavitcher Rebbe, Rabbi Menachem Mendel Schneerson of righteous memory. I had read in the newspaper that the Lubavitch movement was honoring Jesse Helms, and there was no man in America I despised more than Jesse Helms. As chairman of the Senate Foreign Relations Committee, he absolutely stood for everything that I was opposed to in those days, including being strongly anti-Israel.

I wrote a letter saying, in essence, "How can you honor a man who stands for everything that is opposed to Jewish values in America?" And I received a letter back from the Rebbe, a very, very respectful letter; a letter that I cherish for its content. And he lectured me, but in the nicest way, telling me that you never give up on anybody. You never, ever give up on somebody. Today Jesse Helms may be against Israel, but tomorrow, if we know how to approach him and speak to him, maybe he will turn out to be a champion of Israel. And I have to tell you, I had my doubts about it, but as they say, the rest is history. Although I still disagree with Jesse Helms on many issues, when it comes to Israel, he has become our champion.

I believe that he became a champion of Israel because the Lubavitcher Rebbe understood something that most of us didn't understand: how to communicate with people of different backgrounds and cultures and how to explain to them the true meaning of justice.

I think that the Lubavitch movement has learned to chase after people who don't understand and teach them about tzedek, about true justice. Lubavitch has the ability to appeal to every Jew-whether he is learning the Talmud or becoming the leader of a radical organization - and to make that person understand what he or she owes his or her Jewish heritage.

We need to learn from the Rebbe's message.

There is a story about a shul, a synagogue, that moved from an urban area to the suburbs and employed a new rabbi, as the old Rebbe stayed in the middle of town.



The first time the new rabbi led the prayers, when the congregation reached Shema Yisroel, half of them stood up and half of them sat down. So the half that stood up screamed at the half that sat down, and the half that sat down screamed at the half that stood up. "Stand up!" "Sit down!" The rabbi suggested that they go to the old Rebbe and ask what the tradition of the congregation was. So after Shabbat they went to the old Rebbe, and the "sit-down" group asked, "Is it not the tradition to sit down for Shema Yisroel?"

The Rebbe responded, "No, my children, that is not the tradition." So the "stand-up" group said, "Aha, the tradition must be to stand up!" The Rebbe said, "No, that is also not the tradition."

"Well," said the rabbi, "that means that half of them will continue to sit down and half of them will continue to stand up, and that's ridiculous." The Rebbe answered, "My son, that is the tradition." I once told that story and my mother said, "But at least they all say the Shema!"

Of course, that is the real tradition, and that is what we emphasize. There are differences. We don't focus on the differences. We focus on what we have in common.

Excerpt from an address at a Day of Dedication and Celebration of Jewish Life at Harvard, April 6, 2003 at Harvard University.

Alan Dershowitz is a leading criminal lawyer and is a Professor of Law at Harvard Law School.

The Rebbe's children

By Diane Abrams

I first met Rabbi Menachem Schneerson, the Lubavitcher Rebbe of righteous memory, after I had just become engaged to the Bronx borough president, Robert Abrams. Rabbi Mowshowitz, an acquaintance of Bob's, arranged an appointment for us with the Rebbe, for us to receive a blessing prior to our marriage.

I remember arriving at 770 at midnight, but we did not enter the Rebbe's room until 3:00 am. The Rebbe was very gracious, and that appointment started an ongoing relationship which continued for many years.

The Rebbe believed in women's involvement in communal affairs. On one of our visits to the Rebbe, Bob, as a public officer, was describing his communal activities since he last saw the Rebbe. At one point he requested the Rebbe's guidance on a particular communal issue. The Rebbe turned to me and asked, "So what about you? We are in the period of women's liberation. You must have a view. What's your opinion on the issue?"

On another occasion, in the course of a farbrengen (public Chassidic gathering) Bob presented the Rebbe with an honorary proclamation in honor of his birthday. He informed the Rebbe that he was bringing this proclamation on behalf of all the citizens of the Bronx, Jews and non-Jews alike. The Rebbe asked him, "Where is your wife?" I remember seeing Bob pointing towards the women's section. Later Bob told me that he had told the Rebbe that I was right there, behind the glass window.

When I was forty-eight years of age, I only had one child, Rachel, and my husband and I wanted another child. We went to a doctor who was considered an expert in the field, and she told us that we had less than a five percent chance of having another child. Throughout the time when we were visiting doctors and doing research on the possibility of having another child we had not told anyone about this, not even our parents. We were hoping and praying alone that we would have another child.

Every year on Hoshana Rabba (the final day of the holiday of Sukkot) we would come to the Rebbe to receive a traditional piece of honey cake and a blessing for a good and sweet year. That year we arrived directly from a funeral which Bob and I had attended; it was the first time we had not brought Rachel with us to the Rebbe.

Out of the blue, the Rebbe looked at us and gave us his blessing for "an addition to the family within the next year."



AGM - 7th July 2010

Bournemouth Jewish Representative Council (BJRC) commonly known as the Rep Council held its AGM for the first time at Chabad House.

There was an excellent turnout, the highest for many years with more than 30 people representing the majority of the 24 constituent organisations. The Rep Council was established nearly 40 years ago to coordinate the various communal organizations as well as representing the community within the civic life of the town.

The meeting was chaired by Lawrence Williams, the retiring chairman, and usual items for an AGM were quickly voted on. Some discussion took place on the wording for the new constitution, which was then approved. Vice-chair Lynda Ford-Horne made a presentation to Lawrence, thanking him for all the work done over the last two years and praised him for raising the profile of the Rep Council both within the Jewish community as well as civic life. Lawrence said a few words before introducing the incoming Chairman, Jonathan Kay who was presented with his badge of office. Jonathan outlined his desire to build bridges, cement relationships and encourage organisations to work more closely together using the communal diary, and supporting Wessex Jewish News which will contain a full report of the meeting in the next issue. The other officers were appointed and the meeting closed with a vote of thanks to Chabad for the use of the hall.

I was stunned. How could he have known that this is what we wanted? We had made no such request of the Rebbe nor did we tell any of the Rebbe's secretaries about our wish. It was tremendously encouraging to me, and many times throughout the year I thought about the Rebbe's blessings, picturing the moment when the Rebbe gave us that special blessing.

Six weeks later, it was on Thanksgiving, I tested myself on one of those home pregnancy tests and it turned blue, indicating a positive result. I remember asking Rachel what color it was, and she said it was blue. I asked her again, "Are you sure it's not white?" And she said, "No, Mom, it is definitely blue!" I immediately went to the doctor's office for a "real" test. Actually it was our daughter's pediatrician, because most doctors were not in on Thanksgiving Day. He called back to say that the test was positive... but there must be some mistake because it simply could not be that I was pregnant! Instead, he advised that I take another test. Sure enough the second test was positive as well. I was absolutely ecstatic.

A year later, in my fiftieth year, I gave birth to a wonderful girl, Binyomina, or Becky, named after my father-in-law Binyomin, who was a very fine and special man.

The day I went to the hospital, Rachel, ten years old at the time, was at home. The phone rang, and Rachel answered. It was Rabbi Krinsky, one of the Rebbe's secretaries, calling at the Rebbe's behest. "Is everything okay with your mom?" he asked.

"I think so," Rachel responded. "She went to the hospital a few hours ago. I think she is about to have a baby." As it turned out, I was delivering our second child at that moment when Rabbi Krinsky called on the Rebbe's behalf!

When Becky was a few months old, we went for our traditional annual Hoshana Rabba visit to the Rebbe. Normally, the line of people waiting to receive the Rebbe's blessings extended for three-four blocks along and around the Crown Heights streets, but the chassidim were always so very nice to us. When our car would arrive, somehow, somebody would come and lead us to the front of the line, sparing us the long wait.

We had the little infant in our hands. The Rebbe said, "I see you brought the addition to your family." This was a year later, and the Rebbe used the exact words he had used one year earlier. I said that we wanted to thank the Rebbe very much for giving us this beautiful child. "No, it wasn't me," the Rebbe said. And he lifted his hand and pointed towards the Heavens.



My husband and I bring newborn Becky to the Rebbe.

This was the Rebbe, always shifting the focus away from himself. I remember another occasion when Bob presented a proclamation to the Rebbe, and he praised the Rebbe for all his work. The Rebbe's response? "It is not me, it is the movement."

The Rebbe was always focused on the other person, his sensitivity to others heightened to an incredible degree. He practically never left his house, but he knew all that was going on worldwide. This was one of his great powers, his great strength. When standing before him you felt that you were the only person in the world. He never made you feel that he was greater than you; he brought out the best in you.



Becky and me.

The Rebbe himself had no children, yet he gave so many people blessings for children. We are all his children.

Diane Abrams practiced law in Manhattan, New York and created and taught The USA's first "Women and the Law" course at NYU Law School. She is the proud mother of two and wife of Bob Abrams who was New York State Attorney General. Diane currently is Vice President and Associate Broker with Brown Harris Stevens selling apartments and townhouses.

GAN ISRAEL DAYS

By Chaya M. Ashrae

Some of my best summer memories involve the Gan Israel Camp of Bournemouth. This has been my second year working as a camp leader for Rabbi and Mrs Alperowitz and I have enjoyed every minute of it. The Trips ranged from Alice in Wonderland, to a boat ride by the pier, to playing in wacky warehouse, a go on the giant jumping castle, and an afternoon of activities in play Jungle Park. There was never a dull moment.

In addition to our trips the children and their leaders enjoyed a variety of arts and crafts and games throughout. Each day was themed and the activities were planned to reflect the themes. "Say Shema Day" (the prayer said right before bed) was a particularly exciting day.

Bournemouth. Rabbi and Mrs Alperowitz made it their business to make sure we were cared for in the best possible way so we in turn could give our campers the best possible experience. The Alperowitz family went out of their way above and beyond to deliver hot suppers to us every evening. They treated us like part of their extended family, inviting us over to their house and accommodating us. We watched and saw first hand what went on in the Chabad house.

The Alperowitz's are the epitome of dedication, driving us to and from wherever we needed to go in the middle of their busy schedules, running the morning minyan, giving talks and shiurim in the evenings, running a deli with their community, and just simply showing their concern to every person that came through the door.

"I have been to many Chabad houses but the thoughtfulness and dedication we personally received at Chabad house of Bournemouth is unmatched."

The day's activities included decorating torches, sheets with the shema prayer on them, folders to keep them in, bedtime games such as sleeping lions and my favourite activity, the pyjama party. All the children changed into their pyjamas and the mood was set with lighting dimmed and bowls of food and drinks to go around.

But it wasn't only the campers who enjoyed their days spent at Gan Israel. My fellow camp leader and I were overwhelmed at the warmth and kindness shown to us throughout our stay in

Their job is their life and I think I learnt more from watching their example than I have sitting in many classrooms. I believe the children who attend Camp Gan Israel have a happy experience primarily because of the wonderful family who run the camp. I have been fortunate to work with such special people and such special children who brought joy to every day. They came to camp so full of enthusiasm and our many memories with the children we are sure not to forget. As one camper put it as we were spinning on the teacup ride (as I tried hard to forget the queasy feeling in my stomach): "I think I love being Jewish, don't you?"



Announcement from The Opera Film Club

The Hon. Officers and Trustees of The Opera Film Club are delighted to advise you that the Club will be continuing. The Club will operate as previously, showing twice monthly DVD opera presentations, and will commence after the HHDs through until Pesach. This will be our eighth year and we look forward to welcoming old and new members alike. For this new season we have secured a room at Chabad House – 20 Lansdowne Road, Bournemouth.

DATES for 2010:

14th Oct	Carmen – Bizet
28th Oct	Nabucco – Verdi
11th Nov	Die Fledermaus – Strauss
25th Nov	Tosca – Puccini
16th Dec	La Traviata – Verdi

All performances commence 7.00 p.m. Contact: David on **01202 300573** for further information.



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together we take care of business

wish all at
Chabad of Bournemouth
a happy, healthy and sweet
New Year.

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Fax 020 8551 0912



www.raffingers-stuart.co.uk

CHABAD around the world

Compiled by Keith Davis

In New Zealand, chicken has been hard to come by in recent times. Chabad of Otago provides Shabbat meals for many of the 20,000 Israelis and other Jewish travellers who backpack through the country each year. Having banned the import of chicken, a new law requires stunning animals before they can be slaughtered. Chabad supported the Jewish Community's legal challenge which, for the moment, has resulted in a temporary stay.



Thousands of Jews living in small communities in the former Soviet Union have still not been reached. However, there was considerable joy this summer when the philanthropic Lediav Brothers travelled to Kremenchug, Central Ukraine with a large number of mezuzahs and tefillin. Guided by Rabbi Shlomo Solomon, the town's Chabad representative, the brothers visited up to 40 Jewish families each day, where they affixed a mezuzah on the doorpost of their houses, and made a gift of the tefillin to every individual who promised to don them daily.

Rabbi Zalman Kastel, Hebrew School Director for Chabad of the North Shore in Sydney, was selected by Australia's Federal Government to participate in an international peace conference in Indonesia last month hosted by the World Peace Forum. It was sponsored by Muhammadiyah, a 100-year-old Muslim organisation with a reported membership 29 million strong. Rabbi Kastel helped to establish "Together for Humanity", a peace education organisation in 2002. As the only outwardly

observant Jewish delegate, Rabbi Kastel felt his very presence at the conference conveyed a strong statement that "Jews are a compassionate people working for the greater good to increase peace in the world...We take the Lubavitcher Rebbe's approach in that we don't buy into the negative surface facts but tune into how we can make the world better."

A group of children from the bombed Israeli town of Sderot, including five orphans who lost their parents to acts of terrorism, have returned from the Gan Israel overnight camp in Denmark. The Gan is part of a three-year-old programme designed to give victims a chance to relax far from the threat of Palestinian rockets. Friends of Chabad of Denmark sponsored the vacation at the local Jewish camp.

Yad B'Yad, a Chabad organisation dedicated to assisting poverty-stricken families in Israel with badly-needed school supplies, has launched its annual backpack drive in advance of the new school year. Director, Rabbi Yaakov Gloiberman, secured the support of Israel's national basketball team, whose members signed several backpacks in front of cameras at Tel Aviv's Nokia stadium. Proceeds from the sale of the autographed backpacks will help underwrite the distribution campaign.

Rabbi Lazer Danzinger, a 54-year-old Chabad community member, after a 20 year career in computers and as an army reservist, became the first rabbi in more than 60 years to join the Canadian Armed Forces full-time. Transferring to a base at Borden, about 70 miles north of Toronto, the Rabbi said that there was a need to provide spiritual care to students at one of the base's many training facilities.

Players in G-d's world

All the world's a stage, and all the men and women merely players: They have their exits and their entrances; And one man in his time plays many parts, His acts being seven ages."

This acclaimed quotation from William Shakespeare's comedy drama *As You Like It* puts into perspective our role in G-d's world in which we are all His participants – players on His stage. The fact Shakespeare employs the words 'merely players' might suggest our insignificance as human beings, yet in Hashem's eyes we all have an important role to play as we journey through life's highway.

When we enter Bournemouth Chabad to rejoice in Shabbat or Yomtov, we do so as part of G-d's ensemble. We become transported into our spiritual role involuntarily in a similar way to perceiving a beautiful painting or work of art. Each time we attend appears fresh and new. We become mesmerised by that special warm, inviting atmosphere pervading within where people care about one another.

Hence our unnatural self is put to the test: that part of our nature which reacts spontaneously and over which we have no control. Our appetites satiated, we derive great pleasure. Why is this? Because Chabad is not just any shul: its role is superlative and far more reaching, one to which we can aspire. It serves to deepen our knowledge, arouse interest and awaken awareness to its many diverse elements.

Therefore a different benefit or meaning will be realised by every participant attending services, each affected in a different way in return. Within the boundaries of Chabad we can elicit solace and comfort away from the sometimes troubled world. An inner calmness and peace prevails, not always present prior to our entrance but sustaining on our exit.

However, this special feeling would not be possible without the two people who devote themselves selflessly in their respective roles as patriarch and matriarch of our Chabad community – Rabbi Yossie and Chanie.

Every week is a blessing as numbers continue to grow and enhance the welcoming greeting each person exchanges with the other. No less apparent is when we all gather around the kiddush table at the conclusion of service.

To take a step back and observe the happy and noisy banter emanating from the congregation is truly heart-warming and gratifying, especially so for Rabbi Yossie and Chanie whose joint endeavours ensure that every attendance is a unique and memorable experience.

In the short while we have been in our new abode we have TG celebrated many joyous occasions.

Though, sadly, we have seen some of our much loved and established members of the community leave Bournemouth for newer climes, we have also embraced the arrival of new migrants to Chabad.

To demonstrate an element of humility, decency, good manners, respect, kindness and appreciation towards our fellow human being is probably the best role we can all play in G-d's world. Yes, Shakespeare's synopsis would appear plausible in his assertion that "all the world's a stage" and we are the actors playing our roles upon it. Was he being ambiguous though in meaning that the world is not literally a theatrical stage whereupon we act out our parts? Rather, in accordance with G-d's world, was he alluding to life itself being an endless stage, playing a far greater role than us mere mortals can possibly comprehend?

New Year Greetings...

Almagor – Debra, Jessica and Elana wish family and friends a happy New Year and well over the fast. Chag Sameach and Shana Tova to all at Chabad Lubavitch Bournemouth.

Avisar – Ran, Lucy, Guy and Jed wish their family, friends and all at Chabad a very happy and healthy New Year.

Bitton – Maurice, Simon and Samantha wish their dear family and friends, and the entire congregation a very happy, prosperous and peaceful new year and well over the fast.

Bitton – Maurice would like to sincerely thank Rabbi Yossie and Rebbezen Chanie for their tremendous support and to everyone for their good wishes and cards and messages after his operation.

Bitton – Mordechai, Dolly, Steven, Eddie, and Guy wish Rabbi Yossie and Chanie, family, friends and members of the entire community a shana tova umesuka, a happy healthy new year and well over the fast

Bournemouth Jewish Representative Council. The chairman, executive and committee wish the whole community and Kol Yisrael a peaceful and healthy New Year and well over the fast.

The Bournemouth Sephardi Association – send good wishes for Shanah Tovah ve Metukah well over the fast and G'mar Chatimah Tovah to the Rabbonim, and all members of the Bournemouth Jewish Community.

Bowplex – wish all our friends at Chabad and Flame readers a very happy New Year

Boxer – Gill and Martin wish Rabbi Yossie, Chanie and all their family along with all the Bournemouth Chabad Kehila a happy, healthy and peaceful New Year and well over the fast.

Bright/Berlyn – Paula, Loraine & Barry and all the family wish Rabbi Yossie, Rebetzin Chanie and all our friends at Chabad a happy, healthy, peaceful & prosperous new year.

Cohen – Anita and Derrick wish Rabbi and Rebetzen Alperowitz and their family plus all friends of Chabad a happy and peaceful New Year and well over the fast.

Cole – Bonny, Barry and family wish Rabbi Yossie, Chanie and all our family and friends a very happy New Year.

Cramer – Yom Tov greetings to Rabbi Yossie, Rebetzin Chanie and their family and all Chabad congregants. From Eddie and Deanna.

Dorset Police – Inspector Clodie Sutcliffe on behalf of Dorset Police would like to wish Rabbi Yossie, Chanie and the Chabad Community a very happy and safe New Year.

Dale – Pearl wishes family and friends LeShana Tova.

Davies – Michelle with Leon Spencer and Manda ...Noodles and Jazzy.....wish everyonea very happy and healthy New Year and a Good Fast.

Ellis Jones Solicitors – wish all our clients and Flame readers a very happy New Year.

Falafel Restaurant – Simon Tammam and Alfie Boyle of Falafel Restaurant, wish Rabbi Yossie & Chanie, Rabbi Adrian and Pamela, all members of Chabad and the Bournemouth Jewish Community, Shanah Tovah well over the Fast and G'mar Chatimah Tovah.

Freeman – Hetty, David and family wish Rabbi Yossie, Chanie, family and friends a very happy and peaceful New Year.

Gerson – Diana and Gary would like to congratulate Chabad on their achievements over the last year and to wish the whole community a happy Rosh Hashanah.

Gerson – Joanna, Jonathan, Leora, Louis, Ariella & Levana wish all the community a happy, healthy and peaceful New Year.

Glazer – Mandy, Mark, Leonie, Talia and Eliana wish family and friends a happy, healthy and peaceful new year and wish Chabad of Bournemouth continued success.

Goldfinger – Mark and Sylvia wish all our family and friends, Rabbi Yossie, Chanie and all their family a very happy New Year.

Greenberg – Ruth, Geoffrey, David, Jonathan and Anna would like to take this opportunity of wishing Rabbi Yossie, Chanie and all friends and family in Bournemouth, London & Manchester a Happy New Year and well over the fast.

Greenblatt – Merle, Jared, Sarah and Eliana Chana, Romy and Daniel wish Rabbi Yossi and Rebetzin Chanie and their family together with our family and friends G'mar Chatima Tova. May we all be inscribed and sealed for a sweet and healthy New Year filled with only love and light and well over the fast.

Harris – Deb, Keith, Daniel with Simon and Gaby wish family and friends a happy and healthy New Year and well over the fast.

Hart – Donald Hart and Sue Shackman wish Rabbi Yossi Rebetzen Chanie and their family along with all people that attend Bournemouth Chabad a Happy and Healthy New Year and well over the Fast.

Inglis – Tzvi, Sorah and family wish a happy, healthy and peaceful new year to all and wish Chabad of Bournemouth continued success.

Kaye – Adam, Susie, Natalie and Amy would like to wish Rabbi Yossie, Chanie and the rest of the Alperowitz family, along with the whole of the Bournemouth Chabad Community Shana Tova, well over the fast and all the best for 5771.

Kaye – Andrew & Sally and family wish Rabbi Yossie, Chanie, Mendel, Bentche, Mushki, Gitty, Tzvi, Bassi, Esti and all friends and supporters of Chabad a very happy, healthy and peaceful New Year.

Kaye – Debbie, Aaron and Zach would like to wish their dear parents, grandparents, great grandparents, family, friends, Rabbi Yossie and Chanie and all at Bournemouth Chabad a sweet, healthy, happy and meaningful New Year.

Kaye – Duncan, Jemma, Howard, Hannah, Lillie and Jackson wish a very happy New Year to Rabbi Yossie, Chanie and family and all our family and friends.

Kaye – Evelyn and Arnold wish Rabbi Yossie, Chanie and everyone connected with Chabad, brachot chamot leshana ha chadesha.

Kaye – Jo and Mitch wish Rabbi Yossie, Chanie, the Alperowitz family and all of Bournemouth Chabad a happy, healthy and sweet New Year.

Kaye – Larry and Mandy together with Eliot, Susie, Rina and Sara, Aaron, Debbie and Zach wish their family, friends, Rabbi Yossie and Rebetzen Chanie a happy, healthy and peaceful New Year.

Kaye – Maurice and Helen wish Rabbi Yossie, Chanie and their lovely family together with our lovely family and friends a very happy New Year and well over the fast.

Kaye – Nick would like to wish Rabbi Yossie, Chanie and all at Bournemouth Chabad a very Happy, Healthy and successful New Year

Kaye – Susie, Eliot, Rina and Sara wish their beloved parents and grandparents, together with Rabbi Yossie, Rebetzin Chanie and all at Bournemouth Chabad a Kesiva veChasima Tova.

Kosher Paradise – Gershon Kopfstein would like to wish all at Chabad and all our customers a very happy and sweet New Year.

Kurt – Rochelle, Eric, Leoni, Tanya, Andrew and Natasha would like to wish Rabbi Yossie, Rebetzen Chanie, Family and Friends a very happy, healthy and peaceful New Year.

Levein – Sacha, Paul, Zach and Lily wish all family and friends and everyone at Chabad a Happy Healthy and sweet New Year.

Levin – Elsa and Jim wish their dear daughters, grandchildren & all at Chabad a healthy and happy new year & well over the Fast.

Lewis – Debby and Jonathan wish the Chabad community along with all of Israel a Healthy, Happy and Peaceful New Year.

Lurie – Jean wishes Rabbi Yossie, Chanie, their dear children, her own family, all friends at Chabad and in the Bournemouth Community, a very happy, healthy and peaceful New Year.

Lurie – Simon, Barbara and family wish all their family and friends a very happy New Year.

Mazin – Zena and Sam together with all relatives and friends wish a happy, healthy and P.G. a peaceful New Year and well over the fast.

Menton – Judith, Jonathan, Jessica and Joshua wish their family and friends and all the community a happy and healthy New Year.

Molho – The Molho family wish all their family and friends a healthy and happy New Year and much success to the New Chabad House of Bournemouth.

Mozer – Ann and Richard wish their dear family and friends, Rabbi Yossie and Chanie and family and all at Chabad a good and peaceful New Year.

Moser – Gordon along with my dear mother Rosalind Berzon would like to wish Rabbi Yossie and Rebetzin Chanie and everybody at Chabad a Happy, but most important of all - a very Healthy New Year.

Myers – Sandra wishes Rabbi Yossie, Rebetzin Chanie and family and all who support Chabad a happy, healthy and sweet New Year.

Ozdamar – Mahir & Anne would like to wish family and friends a happy and healthy New Year.

Pentol – Shana tova to all Flame readers – Bella and Bernard.

Rossano – Lise, Roger, Robert, Amy, Adam and Gabrielle would like to wish all of our family and friends good health, joy and happiness for the New Year. Shana Tova and G'mar Chatimah Tova to all.

Segal – Lennie and Lorraine wish all their family and friends along with all of Chabad a very happy and healthy New Year and well over the fast.

Sibthorpe – Marguerite wishes all her clients, family and friends Shana Tova.

Son – Wishing a happy & healthy New Year and well over the fast to Rabbi Yossie, Rebetzin Chanie and family, and to all of our family and friends. Tina, David, Lara & Avi.

Sufrin – "Ever thought of retiring to Enfield? Rabbi & Mrs Yitzchok Sufrin together with the members of the friendliest shul in town wish all readers a very happy and sweet new year".

Time Business Systems – would like to wish all Flame readers a very happy and healthy New Year.

Wingate – Colin wishes Rabbi Yossie, Chanie and family together with all at Chabad Shana Tova Umetuka.

Wynbourne – Cheryl, Jonathan and Ami wish Rabbi Yossie and Rebetzen Chanie and all their family together with all our friends in Bournemouth a very Happy New Year and well over the fast.

DATES & TIMES

ROSH HASHANAH

Wednesday, Sept. 8

Make Eruv Tavshilin
Light Candles at: 7:21pm
Say Blessings 1 & 4
Evening Services: 7:00pm

Thursday, Sept. 9

Morning Services: 9:00am
Shofar Sounding: 11:00am
Mincha: 6:15pm
Tashlich: 6:45pm
Light Candles* after 8:27pm
Say Blessings 1 & 4

Friday, Sept. 10

Morning Services: 9:00am
Shofar Sounding: 11:00am
Light Candles* before 7:17pm
Say Blessing 5
Evening Services: 7:00pm

Saturday, Sept. 11

Morning Services: 9:30am
Shabbat Ends at: 8:22pm

YOM KIPPUR

Friday, Sept. 17

Light Candles at: 7:01pm
Say Blessings 2 & 4
Fast Begins at: 7:01pm
Kol Nidrei Services: 7:15pm

Saturday, Sept. 18

Morning Services: 10:00am
Yizkor Memorial Service: 12:15pm
Afternoon Service: 5:00pm
Nellah Closing Service: 6:30pm
Fast Ends at: 8:06pm
Followed by light refreshments

SUKKOT

To purchase your own Lulav and Etrog
call 01202 555 367.

Wednesday, Sept. 22

Make Eruv Tavshilin
Light Candles at: 6:50pm
Say Blessings 3 & 4
Evening Services: 6:50pm

Thursday, Sept. 23

Morning Services: 9:30am
Light Candles* after: 7:54pm
Say Blessings 3 & 4

Friday, Sept. 24

Morning Services: 9:30am
Light Candles* before: 6:45pm
Say Blessing 5
Evening Services: 6:45pm

Saturday, Sept. 25

Morning Services: 9:30am
Shabbat Ends at: 7:50pm

SHEMINI ATZERET & SIMCHAT TORAH

Wednesday, Sept. 29

Make Eruv Tavshilin
Morning Services: 7:30am
Light Candles at: 6:34pm
Say Blessings 3 & 4

Thursday, Sept. 30

Morning Services: 9:30am
Yizkor Memorial Service: 11:00am
Evening Services: 6:45pm
Followed by Kiddush & Hakafof
Light Candles* after: 7:38pm
Say Blessings 3 & 4

Friday, Oct. 1

Morning Services: 10:00am
Followed by Kiddush & Hakafof
Light Candles* before: 6:30pm
Say Blessing 5
Evening Services: 6:30pm

Saturday, Oct. 2

Morning Services: 9:30am
Shabbat Ends at: 7:34pm

* Light only from a pre-existing flame

BLESSINGS

1

Baruch Atah Ado-noi
Elo-hei-nu Melech
Ha-olam Asher Ki-de-sha-nu
Be-mitz-vo-tav Ve-tzi-vanu
Le-had-lik Ner Shel Yom
Ha-zi-ka-ron.

ברוך אתה ה' אלקינו מלך העולם,
אשר קדשנו במצותיו, וצונו להדליק
נר של יום היום הזה.

2

Baruch Baruch Atah
Ado-noi Elo-hei-nu
Melech Ha-olam Asher
Ki-de-sha-nu Be-mitz-vo-tav
Ve-tzi-vanu Le-had-lik Ner
Shel Shabbat V'Shel Yom
Ha-ki-pu-rim.

ברוך אתה ה' אלקינו מלך העולם,
אשר קדשנו במצותיו, וצונו להדליק
נר של שבת ושל יום הכיפורים.

3

Baruch Atah Ado-noi
Elo-hei-nu Melech
Ha-olam Asher Ki-de-sha-nu
Be-mitz-vo-tav Ve-tzi-vanu
Le-had-lik Ner Shel Yom Tov.

ברוך אתה ה' אלקינו מלך העולם,
אשר קדשנו במצותיו, וצונו להדליק
נר של יום טוב.

4

Baruch Atah Ado-noi
Elo-hei-nu Melech
Ha-olam She-heh-chi-yah-nu
Ve-ki-ye-mahnu Ve-hi-gi-ahnu
Liz-man Ha-zeh.

ברוך אתה ה' אלקינו מלך העולם,
שְׁהֵיחָה וְהִצִּילנוּ בְּיָמֵינוּ הַזֶּה.

5

Baruch Atah Ado-noi
Elo-hei-nu Melech
Ha-olam Asher Ki-de-sha-nu
Be-mitz-vo-tav Ve-tzi-vanu
Le-had-lik Ner Shel Shabbat
Kodesh.

ברוך אתה ה' אלקינו מלך העולם,
אשר קדשנו במצותיו, וצונו להדליק
נר של שבת קדש.

Our Father, OUR KING!



In Rosh Hashanah, the Baal Shem Tov taught, G-d plays a game of hide and seek. G-d hides, we seek. But where can G-d hide? Wherever you go, there He is. “There is no place void of Him,” says the Zohar. All of existence is sustained by His word, the energy of His breath runs like a current through every event of the universe. There is nothing behind which He can hide, for “all the world is His glory.”

So perhaps the game of hide and seek which the Baal Shem Tov meant is more like a game of peek-a-boo—when the parent hides behind his or her own fingers. So too, G-d hides within the guise of an awesome, indifferent king, judging His subjects strictly by the book until the most sublime angels shiver in dread.

“On Rosh Hashanah,” the Talmud tells, “G-d sits upon His throne of judgment and judges every creature, big and small.”

And we seek. We seek the father within the stern voice, the G-d of compassion upon the throne of judgment. We cry, “Our Father, our King!” We are the small child who climbs into the king’s arms, tears off the mask and says, “Daddy!”

Which is just what he was waiting for.

“And when the shofar is sounded,” continue the sages of the Talmud, “G-d rises from His throne of judgment and sits upon a throne of compassion.” He pours upon us His love and blessings for a sweet and abundant year, materially and spiritually, for all His children.

*Adapted from the teachings of the Rebbe
By Tzvi Freeman*



All about THE FOUR SPECIES

WHAT DO A BUNCH OF LEAVES AND AN OBSCURE FRUIT HAVE TO DO WITH SPIRITUAL MEANING?

Everything. The special Sukkot mitzvah of the Four Kinds – the lulav, etrog, hadasim, and aravot – is a very special one and symbolic of unity and harmony.

The Four Kinds symbolize four spiritual profiles:

- **THE ETROG (CITRUS)** symbolizes the achiever—the person whose great Torah scholarship is matched by high mitzvah activity.
- **THE LULAV (PALM BRANCH)** symbolizes the scholar—the person with vast knowledge but little “sweat equity” in mitzvot.
- **THE HADASIM (MYRTLE TWIGS)** symbolize the doer—the person with a lot of mitzvot but no serious learning.

■ **THE ARAVOT (WILLOW BRANCHES)** symbolize the nondescript—the person who lives the plainest life.

Putting them all together in one physical “bouquet” symbolizes unifying the Jewish people.



HOW TO DO THE ARBA MINIM

1. **Take the Lulav** wrapped with three myrtle twigs and two willow branches and hold those in your right hand.
2. **Say this blessing:**
Baruch Atah Ado-noi Eo-hei-nu Melech Ha-olam Asher Ki-de-sha-nu Be-mitz-vo-tav Ve-tzi-vanu Al-Ne-tilat Lulav.
3. **Pick up the Etrog** (stem down) in your left hand.
4. **First time** using the Arba Minim this Sukkot? Say the blessing for new things:
Baruch Atah Ado-noi Eo-hei-nu Melech Ha-olam She-heh-eh-ya-nu Ve-ki-ye-mahnu Ve-hi-gi-dhnu Liz-man Ha-zeh.
5. **Hold the Four Kinds together** and move them three times in each direction (north, south, east, west, up, and down) signifying that G-d is everywhere.

HOSHANA RABBAH—THE NATURE OF THE DAY

WEDNESDAY, SEPT. 29, 2010

At the beginning of the period of judgment, all the world's inhabitants pass in individual review before G-d. During the Festival of Sukkot, the entire world is judged concerning water, fruit, and produce. The seventh day of the Festival, Hoshana Rabbah, is the day on which this judgment is sealed. Because human life depends on water and all depends upon the final decision, Hoshana Rabbah is invested with a certain similarity to Yom Kippur and is therefore marked by profuse prayer and repentance.

Shmini Atzeret and SIMCHAT TORAH

THURSDAY, SEPTEMBER 30 AND FRIDAY, OCTOBER 1, 2010

SHMINI ATZERET

“On the eighth [“Shmini”] day, a celebration [“Atzeret”] shall be [held] for you...” (Numbers 29:35)

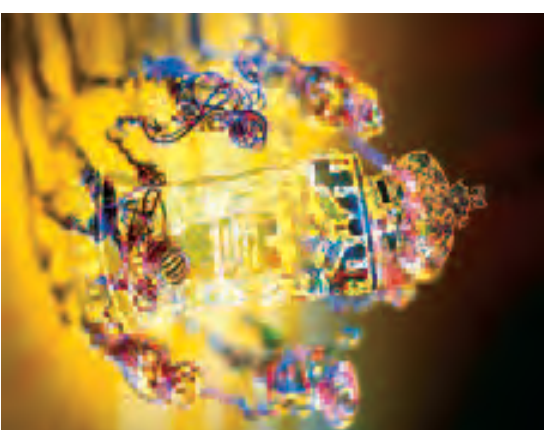
Parting is such sweet sorrow. That's why, after seven great days, G-d gives us one more day in His Presence.

Shmini Atzeret is an extra day tacked on to the end of Sukkot, allowing us to soak up those spiritual feelings in our sukkahs and stock up for the year ahead of us. And if that doesn't get you high enough, Simchat Torah will. Because after you've brought the loftiness of Rosh Hashanah and Yom Kippur down to the earth of Sukkot, you embrace the guide that'll steer you true in your life ahead: the Torah.

Shmini Atzeret is marked by holiday services and a festive meal at home. Our custom is to eat in the sukkah on Shmini Atzeret, but without the traditional blessing. It is also our custom to dance with the Torah on Shmini Atzeret just as we will do on Simchat Torah.

▶ THE YIZKOR MEMORIAL SERVICE

On Shmini Atzeret during the morning services the Yizkor memorial service for departed family members is recited.



▶ SIMCHAT TORAH

On Simchat Torah, the “Rejoicing of the Torah,” we don't study the Torah—we celebrate it. We hold it, hug it, dance and sing with it. After all, G-d's morality manual is the greatest thing a Jew could possibly celebrate.

We read the last portion of the Torah, and since Torah study never ends, we begin reading from the scrolls very beginning to show the Torah is beloved to us like a “new command to which everyone runs.”

The celebration is marked on Simchat Torah night and the following day with exuberant, boisterous dancing in the synagogue while holding the Torah scrolls. The dancing circles the synagogue's bimah (Torah-reading platform) seven times, while popular Jewish songs are sung.